



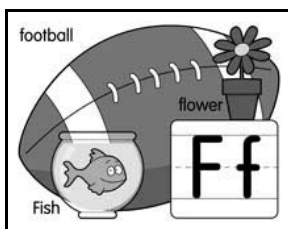
One Day Sample for 2010

Opening Activity: Calendar, Professor Weather Owl, and the name poem. Instruction and materials come with your first order. Not available with one day sample.

Activity: **Introduction to the Letter F.**

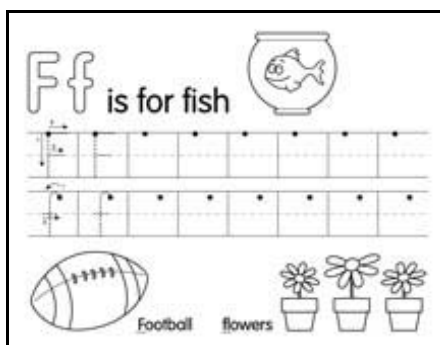
Materials Needed: Letter **F** activity paper (O-65), letter **F** flash card (O-64), crayons, and pencils.

Instructions:



Hold up the letter **F** flash card (O-64). Ask the children if anyone can tell you what letter this is. What sound does it make? Have the children practice making the **F** sound. One method is to suggest the high part of the **F** looks like the raised back of a mad cat as it says “f f f f f f.” Have the children pretend they are a cat making the “f f f f f f” sound. Point to the flash card again, and ask the children which letter is the big (uppercase) **F** and which one is the little (lowercase) **f**. Put your finger on the **F** in the flash card and trace the letter. Have the children follow along by making the letter **F** with their finger in the air. Point to the picture on the flash card and ask the children if they know what it is. Point to the picture and name it for the children; “F, football.” Pronounce it several times for the children and have them repeat the name as you point to the picture and the letter. Then point to the different pictures on the flash card and pronounce them to the children (fish and flower). Help the children understand each of these items begins with the letter **F**.

Give each child a letter **F** activity paper (O-65). Ask the children if they can tell you what the name of the objects is on the activity paper (football, flower, fish). Name the object for the children and remind them that it starts with the letter **F**. Instruct the children to color capital **F** with an crayon, and the lowercase **f** with another crayon. Using a crayon or a pencil, have the children practice making capital **F**'s and lowercase **f**'s. For younger children, let them practice making **F**'s anywhere on the lines. Let the children color the rest of the pictures with their crayons.



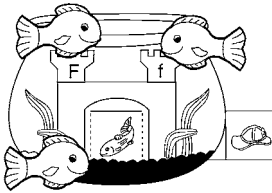
One Day Sample (Cont.)

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Activity: **F is for Fish bowl.**

Materials Needed: Fish bowl activity papers (O-66A, 66B, and 66C), scissors, glue, and crayons.

Instructions: Give each child a set of fish patterns (O-66B) and a fish bowl paper (O-66A). Ask the children to color the fish and fish bowl, and then cut them out along the dotted lines. You may need to assist younger children in cutting out the patterns. While the children are coloring and cutting out their fish patterns, cut each of the picture strips into sections (O-66C). Glue the two sections together so you have a picture strip with eight different **F** pictures.



Once the children have completed cutting out their fish patterns, have them glue the three little fish on the fish bowl, leaving the castle doorway unblocked. Carefully cut the castle doorway along the dotted lines.

Give each child a picture strip that you have assembled, and show them how to thread the strip through the castle doorway. Now show them how to carefully pull the strips to reveal each picture in the doorway.

Review each picture with the children. Name each picture and emphasize the **F** sound. For example, F is for fire, F is for fish, etc.

Activity: **Letter F Activity Poem.**

Materials Needed: None.

Instructions: Read the following poem to the children. Have the children act out parts of the poem as indicated. Repeat this several times for the children to enjoy.

F's over here, and F's over there.

(Have the children point to the letter F flash card and their activity papers.)

F's are found everywhere.

Face and feet,

(Have the children point to their face and feet.)

Fingers and feathers,

(Have the children point to their fingers and a feather.)

Footballs too,

Just to name a few.

Snack and Free Play: Open.

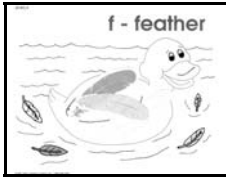
One Day Sample (Cont.)

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Activity: **Feathering a Duck.**

Materials Needed: Duck pattern (O-67), scissors, glue, and crayons.

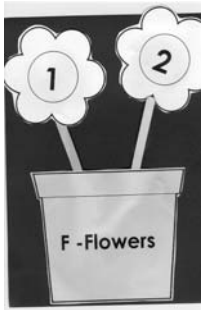
Instructions: Give each child a duck pattern activity paper (O-67). Tell the children that this duck is missing his feathers. Let the children color in parts of the duck's face and bill with their crayons. Have the children cut out the feathers and fringe them. You can curl the edges with a pencil. Once the feathers have been cut out, have the children glue them to the duck. Next, ask the children what letter the word feather begins with. Help them understand the word feather begins with the letter **F**.



Activity: **Making Two Flowers.**

Materials Needed: Flower pattern activity papers (O-68A and 68B), cardstock paper, watercolor paints (or watered down tempera paint), paintbrush, long craft sticks (2 per child), scissors, glue, and a painting T-shirt.

Instructions: Give each child a flower pattern paper (O-68A). Have the children put on their painting T-shirts. Tell the children they are going to watercolor the flower patterns to make a flower. Give each child some watercolors (or watered down tempera paint - mixture is 1 teaspoon of tempera paint to ½ cup of water) and a paintbrush. Have the children paint the flowers with different colors (red, orange, and yellow).



While the flowers are drying, have the children cut out the vase pattern from the activity paper (O-68B). Once the flowers have dried, let the children cut them out following the dotted lines.

Give each child a sheet of cardstock paper. Have the children glue the vase to the bottom of the paper in the center. Before the vase is dried, insert two small craft sticks for stems, one on the left and one on the right (see illustration). Then have the children glue their flowers over the top of the stems. Allow time to dry.

Review with the children the number of flowers. Help them understand they have two flowers. Point to the number “1” and “2” with your finger. Have the children count out loud to you. Ask the children what letter they think the word “flower” begins with. Help them understand it begins with the letter “f.” Point to the word “flower” on the vase and say, “F is for flower.” Allow the children to hang up their pictures on the wall for all to enjoy.

Read a Story: Group the children into a semi-circle, and read to them for approximately 10 to 15 minutes.